









Rehabilitation Opportunities for Veterans in Protected Areas of Ukraine and Europe

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Directions: - cleanup at tourist trails - nature therapy for the servicemen

for active servicemen on leave or rehabilitation for demobilized combatants

- Climbing mountain peaks
- ♦hikes into a cozy beech forest for mushrooms and inspiration
- bathing in a secret mountain water-spring
- Carpathian tea near the fireplace, library, boarding games, soulful conversations, art therapy
- breathing techniques and meditation
- psychological support and individual consultations























National Nature Park "Hutsulshchyna" actively hosts servicemen in the rest and rehabilitation camp "With love in heart" for ATO fighters. For the defenders in the national park is provided recreational horse-riding, which plays a very important role in their rehabilitation.

«Active parks — locations of a healthy Ukraine».





Employees of the Synevyr National Nature Park provide support to soldiers returning from the front and their families, have introduced free visits to interesting places, tourist hikes and meaningful rest in the park



NATURAL and CULTURAL VALUES of the CBR

- European biggest primeval forests;
- ·Highest peaks of Ukrainian Carpathians;
- Alpine highland lakes;
- Unique biodiversity;
- •Famous Valley of *Narcissus*;
- Karst limestone caves, cliffs and arches
- Beautiful waterfalls



- •Unique local Hutsul culture and traditions, polonyna farming
- •Well-developed recreational infrastructure:
- Network of visit centers
- •The unique Museum of Mountain Ecology























